# DAILY PROGRAM



SUNDAY, 18.12.2016 - WEST POINT & CARCASS ISLAND







EARLY BIRD SELF SERVICE BREAKFAST BUFFET LUNCH BUFFET TEA TIME DINNER BUFFET OVERVIEW OF RESTAURANT TIMINGS 06:00 - 07:30 07:00 - 09:30 12:00 - 14:30 15:30 - 17:00 18:00 - 21:00

BISTRO, DECK 4
RESTAURANT, DECK 4
RESTAURANT, DECK 4
PANORAMA LOUNGE, DECK 7
RESTAURANT, DECK 4

#### Morning approx. 08:00: FRAM arrives at West Point Island.

We hope to do a landing here at West Point today. Weather permitting; we will begin our landing by calling **boat group no**1. All groups are called one after the other. Please do not approach deck 2 until your group is called, to avoid long line-ups. This can be a wet landing, rubberboots or high waterproof goretex shoes are recommended.

#### Smoking is not allowed on the island!

### Afternoon approx. 15:00 FRAM arrives Carcass Island

in the Falkland Islands. We hope to do a landing here at Carcass Island today. Weather permitting; we will begin our landing by calling **boat group no 2.** All groups are called one after the other. Please do not approach deck 2 until your group is called, to avoid long line-ups. **Smoking** 

#### is not allowed on the island!

## From 15:00 Film Framheim / English

Grandma The Oldest Albatross, 55 min. the film will be shown on repeat until 17:30

#### From 20:00 Film Polhøgda / English

The Falkland Islands – A Natural Kingdom, 31 min. the film will be shown on repeat until 21:30

West Point has been in the Napier's family since its first settlement in 1879. Allan and Suzan are now taking care of the place for the Napier's From here, the hike to Devil's Nose is nearly 2.5km (1.5miles) but seems much shorter somehow on the return journey. The couple now living on the Island sometimes offers a ten minute, bumpy Land

Rover ride instead. Devil's Nose overlooks the sea surrounded by cliffs and is home to several thousand majestic black browed

albatross and several hundred rough and tumble rockhopper penguins.

Carcass Island lies to the North West of the Falkland Islands archipelago and takes its name from the HMS Carcass which visited in the late 18th century. At present there is only two all year residents and a few more in the summer, it is the present owners Rob and Lorraine McGill who have lived on the island for about 30 years. They continue the conservationist traditions of the previous owners planting and restoring the tussac grass for use as controlled winter animal grazing areas. There is about 900 sheep on the island, and in addition tourism makes up for income as well. Unlike much of the Falkland Islands Carcass Island is water-rich and has several water resources. A generator gives electricity and the traditional fuel, peat, was replaced recently by the more convenient oil and gas which is

delivered by local vessel. At all sites in Carcass a prolific number of shore birds are to be seen. Flightless steamer ducks, Magellanic Penguins, Gentoo Penguins, Cobb's wren, black throated finch and many other species. When you reach the settlement of The McGills offer coffee, tea and cakes in the main house. Please leave your boots outside. Once you have enjoyed your tea and cake please make space for other passengers.



